

# Nutrition Facts

1 serving per container

**Serving size**

**1/2 cup (104g)**

	<b>Per serving</b>	<b>Per container</b>
<b>Calories</b>	<b>210</b>	<b>850</b>
	<b>% DV*</b>	<b>% DV*</b>
<b>Total Fat</b>	9g <b>12%</b>	39g <b>50%</b>
Saturated Fat	7g <b>35%</b>	28g <b>140%</b>
Trans Fat	0g	0g
<b>Cholesterol</b>	25mg <b>8%</b>	95mg <b>32%</b>
<b>Sodium</b>	45mg <b>2%</b>	180mg <b>8%</b>
<b>Total Carb.</b>	25g <b>9%</b>	105g <b>38%</b>
Dietary Fiber	2g <b>7%</b>	8g <b>29%</b>
Total Sugars	20g	85g
Incl. Added Sugars	2g <b>4%</b>	9g <b>18%</b>
<b>Protein</b>	4g	17g
<b>Vitamin D</b>	0mcg 0%	0mcg 0%
<b>Calcium</b>	130mg 10%	550mg 40%
<b>Iron</b>	0.8mg 4%	3.2mg 20%
<b>Potassium</b>	180mg 4%	750mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Important Notice**

The product manufacturer is responsible for insuring the accuracy of the final data and for using the correct label format. This information is no substitute for chemical analyses but is intended to provide estimates of composition.

INGREDIENTS: PASTEURIZED ORGANIC MILK, PASTEURIZED ORGANIC CREAM (MILK), ORGANIC CANE SUGAR, SKIM MILK, MALTODEXTRIN, DEXTROSE, STABILIZER (GUAR GUM, SUCROSE, CARRAGEENAN, LOCUST BEAN GUM, POTASSIUM CHLORIDE), CHOCOLATE (CACAO BEANS, CANE SUGAR, COCOA BUTTER, SUNFLOWER LECITHIN, VANILLA BEANS), SPEARMINT.